

# Management of Lumbar Stenosis

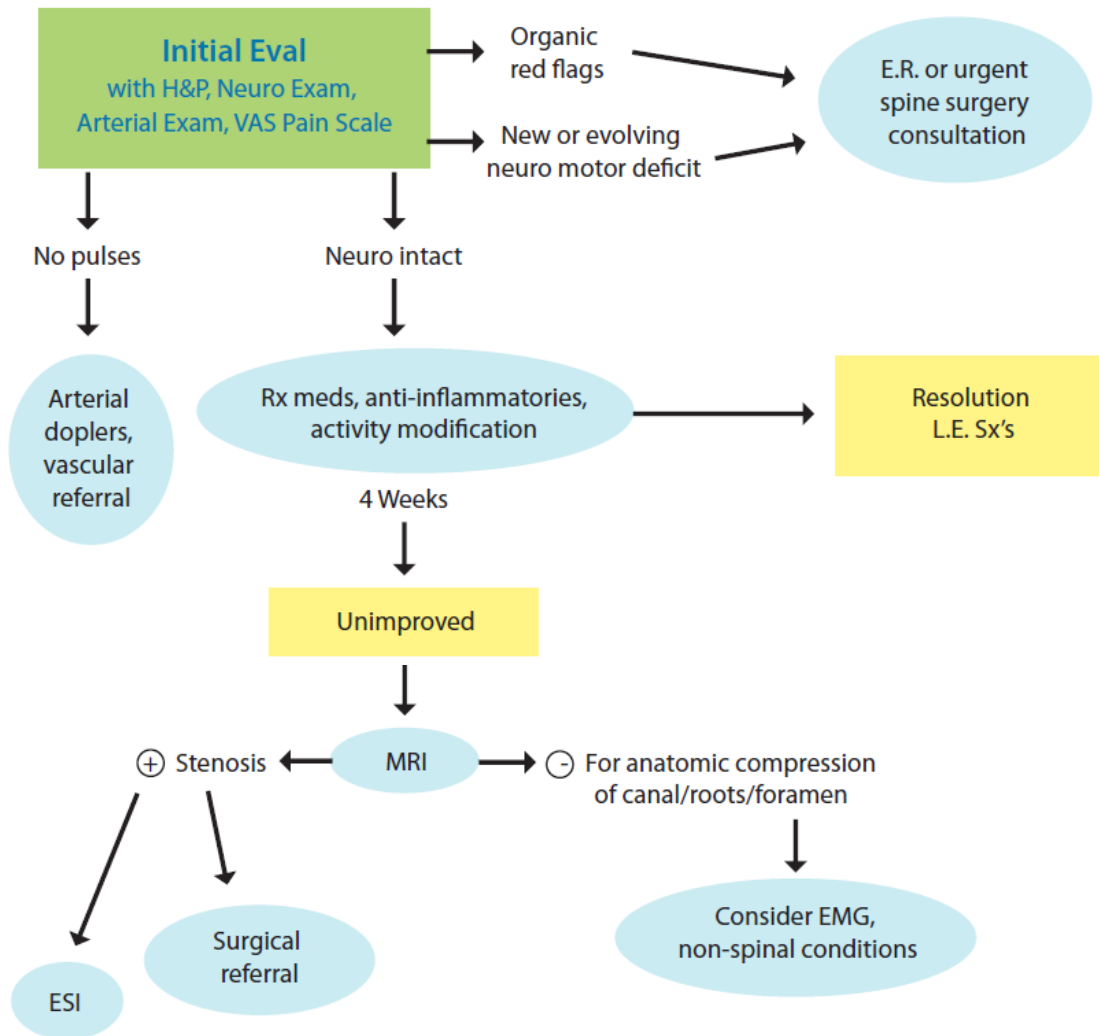
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3/2014

Reviewed: 7/2016

## Lumbar Stenosis

Presentation:  
Unilat or Bilat, L.E. Neuro Sx's,  
L.E. Claudication Pattern,  
Not LBP alone



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Comments:

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1. P.T./OMT not regular part of stenosis algorithm unless you are just treating a mechanical LBP component in neuro-intact patient.
2. Most stenosis patients will be presenting with chronic SX's, not acute.
3. Anatomic lumbar stenosis may be global canal or subarticular. Isolated "Foraminal" stenosis produces radiculopathy.



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