**TREMOR** 

For a patient presenting to the PCP with symptoms of tremor, or where tremor is noted on physical exam

Complete relevant history and physical exam including family history of tremor, current medications and past medical history. Rate tremor as mild, moderate or severe **MODERATE TREMOR MILD TREMOR SEVERE TREMOR History:** not limiting ADLs; **History:** may be limiting ADLs; **History:** significantly limiting **Decreased mobility** Review medications for those ADLs; acute worsening of with tremor as side effect symptoms; severe rigidity (antipsychotics, anticonvulsants, Labs: CMP, Mg++, TSH/Free T4 antidepressants) YES NO **Physical Exam** History of **PE:** Involves bilateral hands Parkinson's If bilateral, action If unilateral, tremor, + Fam hx, rigidity, shuffling **Consider:** involvement of gait, poor balance, Medication noncompliance head or voice. likely Parkinson's Labs: CMP, Mg++, TSH/Free T4 OR Labs: CBC, CMP, MG++ **likely Essential** Inadvertent levodopa or (r/o renal and liver failure, sepsis) Tremor dopamine agonist If elderly, U/A to rule out UTI withdrawal\*\* **Treatment:** Treat (neg) (pos) OR hyperthyroidism if present; Antipsychotic adjust medications if needed, (antidopaminergic) med\*\* **Treat underlying** otherwise reassurance condition **Neurology Consult Neurology Consult** Neurology **Neurology** if symptoms worsen \*\*URGENT Consult Consult